

ICR uppdateringar & nyheter



ICR

Ändringar beslutade 2025

Late entries

352.7.2 Monetary fine should be used for

- infractions of advertising and commercial markings rules
- minor course discipline infractions
- for infractions to ICR 343.5 and 314.7.1
- violation of restrictions on ski testing and warming up
- delayed skis delivery for equipment control up to 5 minutes (~~min 250 CHF~~)
- late entries*

NOTE

** Jury must decide whether late entries (according to ICR 313.3) may be accepted or not (according to 303.3.2). Furthermore, when the jury decides to accept a late entry, it can decide to sanction the delay with a monetary fine.*

Bibs



314.7.1 Design

Bibs must be **fully** readable from the back and the front. [...]

Juries' appeals

224.13 The Jury shall have the right to submit to the Appeals Commission recommendations for penalties in excess of monetary fines of CHF 5'000.- and suspensions beyond the event in which the offence occurred (223.4).

362.1.4.3 Appeals filed according ICR 362.1.3 and **ICR 224.13** are to be submitted within 48 hours after the publication of the official results list.



Outcome

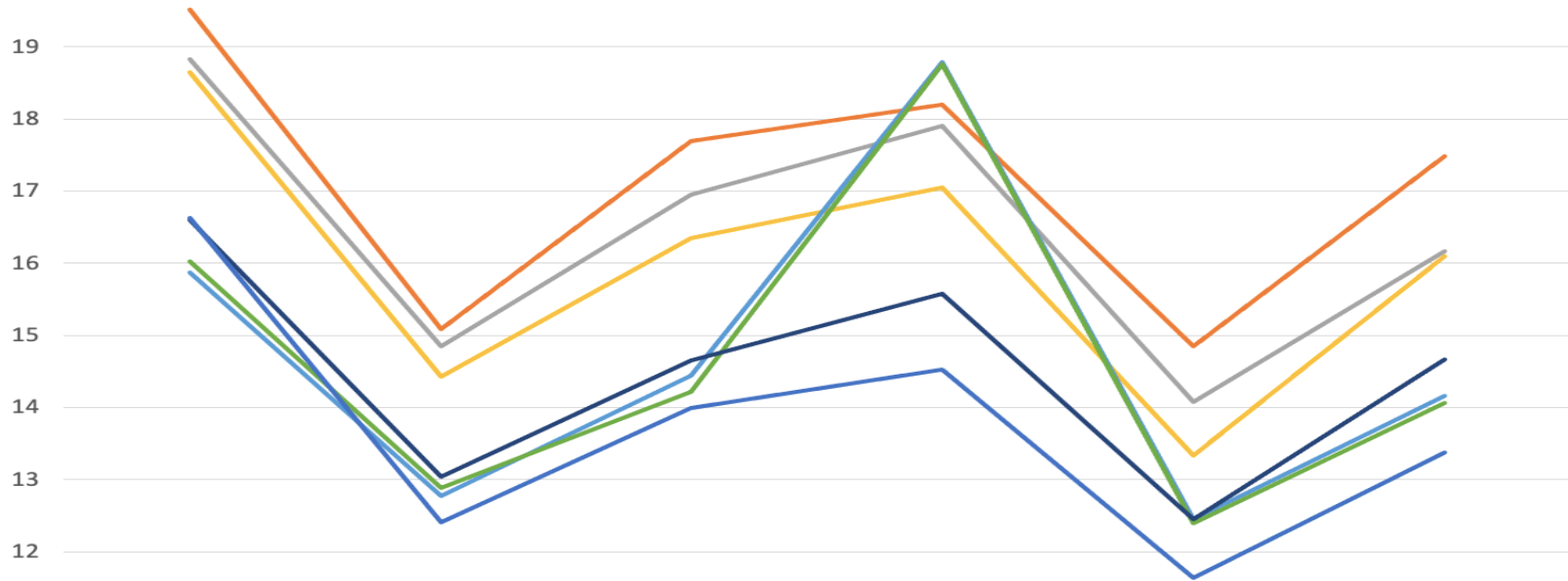


Foto finish pic

316.3.6 Photo Finish Camera

The photo finish time is taken when the toe of the first boot meeting the finish line. The photo finish result is to be provided **as first** to the Jury **only**. [...]



Leaving the marked course

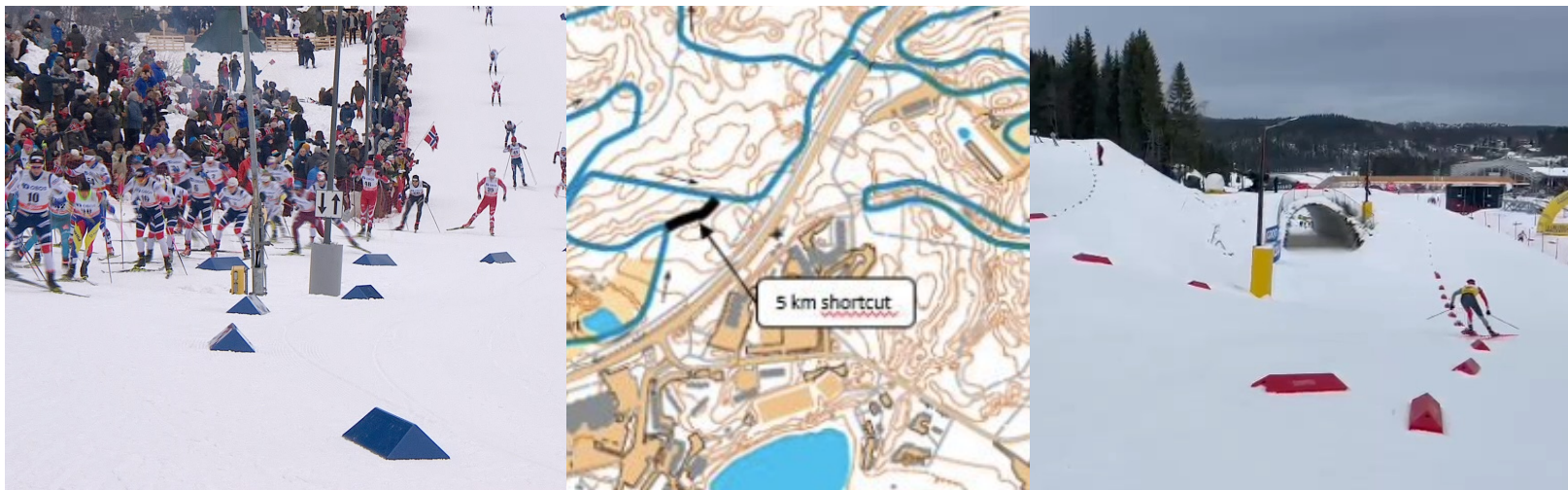
343.6 Competitors must follow the marked course in correct sequence from start to finish and must pass all control points*.

~~343.6.1 If competitors skis on a wrong section or leaves the marked course, the competitor should return to the point where the error was made. In order to do so, the competitor may have to ski against the correct ski direction and shall be totally responsible for ensuring that there is no obstruction and that other competitors are not endangered.~~

NOTE

** A competitor making a mistake can correct by returning to the point where the mistake was made. If he/she does that, he/she is responsible for ensuring that there is no obstruction and that other competitors are not endangered.*

Leaving the marked course



Fluor control related updates

343.12.5 When ski exchange boxes (pit boxes) are provided for long distance or Skiathlon competitions, the competitor is permitted to change skis inside the pit box. All equipment exchanges must be done by the competitor within the assigned box without any assistance. Number of ski exchanges is limited to maximum 1 time.

The replacement skis must be placed in exchange (pit) box before the competition, **except when stated differently by the Jury.**

Protests after sprint finals

325.6.2 Due to the timeline pressure of running successive heats it is not possible to allow protests during quarterfinals and semi-finals. Protests will only be accepted **after on the finals heats**.

Protest regarding	Against a competitors's or an official's behaviour during the competition	Against sanctions
¼ Finals	NO	NO
½ Finals	NO	NO
Finals	YES	YES

361.2.3 Protests against Jury decisions that cannot be appealed (art. 224.11) will not be accepted.

Adjustment and clarification

352.2.3 Competitors who receive a second written reprimand in the same season will be automatically disqualified.

Written reprimands given during the season are not valid in the JWSC, U23WSC, WSC, **ROL JWSC**, **ROL WSC** and OWG events.

Written reprimands given during JWSC, **U23WSC**, WSC, ROL JWSC, ROL WSC or OWG are valid until the end of the season.

Reminder sent to TDs

Dear TDs,
we would like to remind you, to correctly fill the sanction form in the TD report in case of Written Reprimand, when the offender already has an active WR:

Both WR and DSQ must be flagged

Sanction decided by the Jury	
☐	Not permitted to start
☐	Disqualification
☒	Disqualification for 2nd Written Reprimand (yellow card)
☐	Competition suspension (<i>Competition suspension is always accompanied by a Written Reprimand</i>)
☒	Written Reprimand (<i>For competitors the second written reprimand will lead to disqualification</i>)
☐	Time Penalty (<i>in seconds</i>)
☐	Monetary Fine
☐	Verbal Reprimand

This happens also in case of Competition Suspension (always be accompanied by a WR) when the offender already has an active WR:

Competition Suspension and WR and DSQ must be flagged

Sanction decided by the Jury	
☐	Not permitted to start
☐	Disqualification
☒	Disqualification for 2nd Written Reprimand (yellow card)
☒	Competition suspension (<i>Competition suspension is always accompanied by a Written Reprimand</i>)
☒	Written Reprimand (<i>For competitors the second written reprimand will lead to disqualification</i>)
☐	Time Penalty (<i>in seconds</i>)
☐	Monetary Fine
☐	Verbal Reprimand

Finally, we would like to remind you that WR given during the season are not valid in the JWSC/U23 WSC, WSC and OWG events, but they are valid afterwards. And the WR given during these events are also valid till the end of the season.

Consequently, a competitor who:

1. Receives a WR before the U23 WSC
2. Receives a WR during the U23 WSC
3. Receives a WR during the WSC

After the WSC has 3 active WR and for 3 times (if he receives another WR) will be DSQ.

If you have any question, do not hesitate to contact us.

New sanction form

Violation against ICR article
Violation against ICR article
Rule article
Rule article fluo 222.8 Used fluo rinated wax products 343.3 Not following the instructions of the jury or OC Late delivery of skis for fluo r control

Unsportmanlike behaviour

343 Responsibilities of the competitors

343.1 In all training and competition situations the athlete must act sportsmanlike and take care taking into account the course conditions, visibility and congestion, race pace, speed and directions of other competitors etc.



Unsportmanlike behaviour

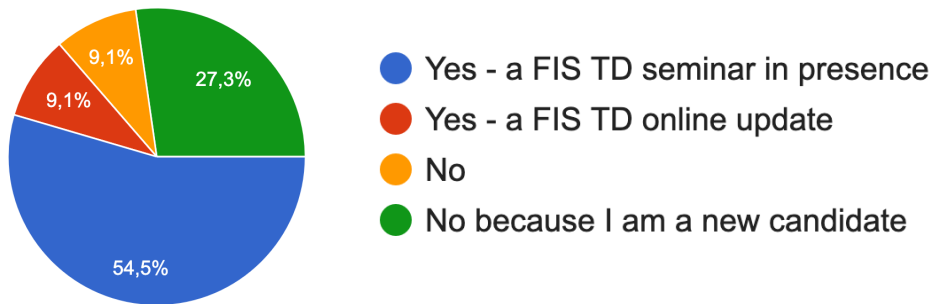
352.2.1 Disqualification should be used ~~only~~ for infractions with a clear impact on the final result of a competition.

352.2.2 In addition, competitors should automatically be disqualified if they: [...]

352.2.4 Serious or repeated unsportsmanlike conduct, including but not limited to abusive language, physical aggression, deliberate disrespect toward officials, or actions contrary to the spirit of fair play, may result in immediate disqualification of the offending participant.

ICR

Some important 2024 changes and directives



Starting grid – practical

315.3.1 The Jury can decide to organize Mass Start ~~should be carried out~~

- using angled start lines in shape of an arrow. This means that the athlete with start number 1 has the most favorable start position followed by start number 2 etc. Each competitor should be separated by a fixed distance interval. Number one will be in the middle position; even numbers are placed on the right and odd numbers on the left side of the arrow. The numbering mark should be placed to the right or in the middle of the track.

- using an angled start line (in case of even number of starting corridors), where number one will still have the most favorable position on the left or on the right of the starting field. Even in this case each competitor should be separated by a fixed distance interval.

- using a flat line

Even number of starting corridors



1

2

3

4

5

6

7

8

Team sprint finals – practical

*326.4.3.2 The number of teams in the final should be 15. **When 15 or less teams are entered, the jury can decide to reduce the number of qualified teams or to skip the qualifications.***

326.4.3.3 In case of no qualification, the team with lowest total points using either sprint or distance FIS Points will have the bib number one.

Masters/children and WC courses

311.2.1 All FIS Cross-Country competitions should be carried out on homologated courses. Exceptions are: popular competitions, Roller Skiing competitions, **masters and children competitions**, substitute courses if approved by the Jury.

311.2.2 ~~In competitions designed for Cross-Country sport promotion it is possible to use courses outside of the homologation standards providing they have been approved by the Sub-Committee for Rules and Control.~~ For WC events, it is possible to homologate courses outside of norms for climb and course length, provided they have been verified as safe and fair by a homologation inspector.

311.2.7 At OWG, WSC, JWSC and WC competitions, the highest point of a Cross-Country course should not exceed ~~1800~~ **2000 m**.

Fluor evidence

FIS Controls of fluorinated wax with official FIS measurement tools

Trondheim (NOR)
World Championships Qualification
Men's 7.5km Interval Start Classic (10k)
2393 / 26.02.2025



Competition

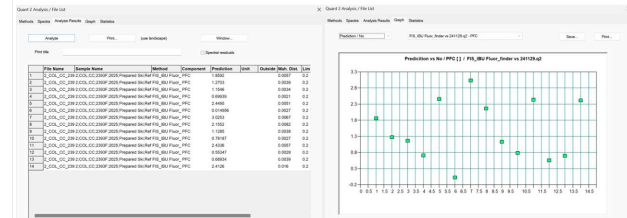
Item	Value
Place:	Trondheim (NOR)
Codex:	2393
Date:	26.02.2025
Category:	World Championships Qualification (WSCQUA)
Gender:	Men (M)
Event:	up to 10 kilometers (10k)

Athlete

Item	Value
Name:	VALDES Mauricio
FIS code:	3640017
Nation:	Colombia (COL)
Birthdate:	19.06.1994
Gender:	Men (M)
Discipline:	Cross-Country

Evidence

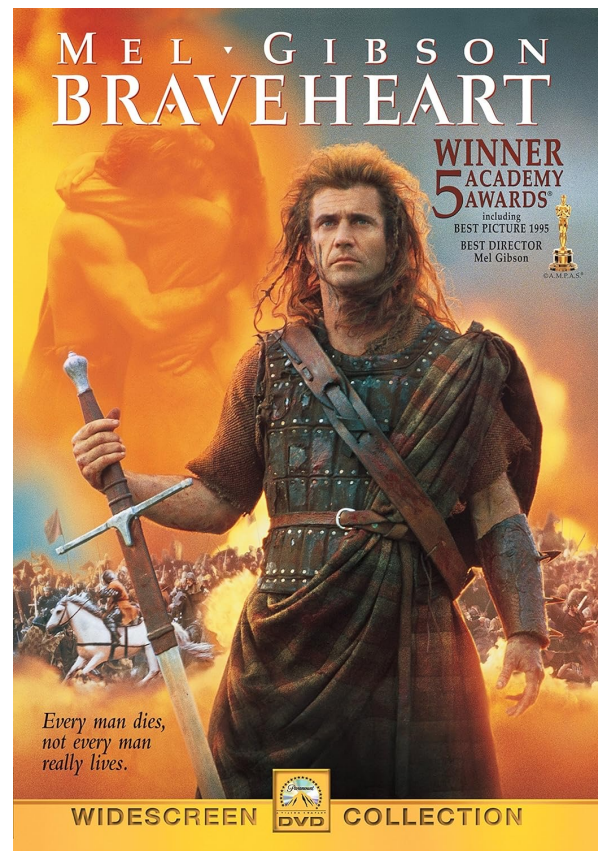
Measurement data for Bib number 2			
FIS licensed controller:	Mikko Rantanen	Bib number tested:	2
Test result:	Offence to ICR 222.8, Positive to fluorinated wax (DR - Diffuse Reflectance)	Report time (LOC):	27.02.2025 19:07



- To be provided by the Equipment Controller
- To be collected as a video evidence cause it is our ground to DSQ or NPS
- To be uploaded to the TD report

Verbal reprimand

- Problem apparently solved
(almost 50% in 2024, 20% in 2025)
- Remember that VR does not go to the results list
317.5.2 *The official result list must contain [...] any **written** sanctions to competitors [...]*
but in the TD report
- Giving a VR means to **talk** to effectively the athlete!



TD Rules and procedures

Changes approved in 2025

TD candidates' management (online assessments)

My Dashboard

Anna Rosa
Previous successful login 2 days ago.
[Update profile](#)

Frequently Used Modules

- ☒ Technical Delegate [TD Report](#)
- ☒ Technical Delegate [Sanctions](#)
- ☒ Technical Delegate [TD Assessments](#)
- ☐ Documents [Library](#)
- ☐ Personal Functions [Profile Settings](#)

Cup Standings Download

Alpine Skiing Cross-Country Snowboard

Freestyle Freeride Ski Jumping

Speed Skiing Nordic Combined Telemark

Masters Grass Skiing

Calendar Export

Alpine Skiing Cross-Country Snowboard

Freestyle Freeride Ski Jumping

Speed Skiing Nordic Combined Telemark

Masters Grass Skiing

Para Snowboard Para Cross-Country

Para Biathlon

Any doubt?

Online quiz

The screenshot displays the FIS online quiz interface. At the top, the navigation bar includes 'Dashboard', 'My courses', and 'Site administration'. The main content area shows the breadcrumb path: 'Cross-Country / TD Area / Open Phase / MC Test / Test / MC Quiz / Preview'. The title 'MC Quiz' is prominently displayed. Below the title, there are tabs for 'Quiz', 'Settings', 'Questions', 'Results', 'Question bank', and 'More'. A 'Back' button is located on the left. A message box states: 'You can preview this quiz, but if this were a real attempt, you would be blocked because: This quiz is currently not available.' A timer shows 'Time left 0:19:54' with a 'Hide' button. The question section shows 'Question 1' with the text 'How can coaches give refreshments to the competitors?' and three multiple-choice options. A sidebar on the right contains 'Quiz navigation' with a grid of question numbers (1-20) and a 'Start a new preview' button. A large 'New!' watermark is overlaid on the bottom right of the interface.

Dashboard My courses Site administration

Cross-Country / TD Area / Open Phase / MC Test / Test / MC Quiz / Preview

MC Quiz

Quiz Settings Questions Results Question bank More

Back

You can preview this quiz, but if this were a real attempt, you would be blocked because:
This quiz is currently not available.

Time left 0:19:54 Hide

Question 1
Not yet answered
Flag question
Edit question
v2 (latest)

How can coaches give refreshments to the competitors?

- ☐ They must ensure not to obstruct competitors. No other limitations apply.
- ☐ They must ensure not to obstruct competitors and are not allowed to run more than 30 m.
- ☐ They must ensure not to obstruct competitors and must maintain a fixed position.

Quiz navigation

1	2	3	4	5	6	7
8	9	10	11	12	13	14
15	16	17	18	19	20	

Finish attempt ...

Start a new preview

New!

License validity

Aalberg John	TD (CC)	 CAN	30.11.2028
Anastasiadis Nikolaos	TD (CC)	 GRE	30.11.2027
Andersen Jan Olav	TD (CC)	 NOR	30.11.2026
Anger Christian	TD (CC)	 GER	30.11.2026
Apedalle Len	TD (CC)	 CAN	30.11.2028
Arnek Adeele	TD (CC)	 EST	30.11.2028
Bae Ji-Young	TD (CC)	 KOR	30.11.2025
Bailey Fred	TD (CC)	 USA	30.11.2026
Barrow Rob	TD (CC)	 AUS	30.04.2027
Bellerose Daniel	TD (CC)	 CAN	30.11.2028
Berglund Mattias	TD (CC)	 SWE	30.11.2028
Beyrambahr Samaneh	TD (CC)	 IRI	16.11.2027
Bjoerelind Erik	TD (CC)	 SWE	30.11.2027
Blanco Lurdes	TD (CC)	 ESP	30.11.2028
Boehm Frank	TD (CC)	 GER	30.11.2028
Brandt Gérald	TD (CC)	 SUI	30.11.2028
Brisbin Dan	TD (CC)	 CAN	15.11.2028
Burmann Rainer	TD (CC)	 AUT	30.11.2028
National Coordinator Burmann Werner	TD (CC)	 AUT	30.11.2028
Burruss Ollie	TD (CC)	 USA	30.11.2028
Bygdeson Stefan	TD (CC)	 SWE	30.11.2025
Caprini Simon	TD (CC)	 FRA	15.10.2028

• www.fis-ski.com

Education Guidelines for TO of all FIS disciplines

- From season 2026/2027

Application before June 30th



- Online contents to be attended before the first seminar (not ready yet)

Education Guidelines Annex FIS TD and HI CC

- From season 2026/2027
- Mainly contents are those present in our current guidelines
- *Upon acceptance to become a FIS Cross-Country TD, the applicant will receive access to the **FIS E-Learning platform Moodle**.*
- *A candidate must take the **1st exam after 4 seasons the latest**. A candidate who fails the examination can request to be re-examined at the next seminar, but after 6 seasons the latest. The exam can be taken maximum two times (Assessment A must not be older than from the earlier four seasons)*
- Supportive document to be defined